

# #UsapangSex:

## Sources of information about sex and reproduction



UP Population Institute (UPPI) and Demographic Research and Development Foundation (DRDF)

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## Outline

- Source of information about sex
- Whom to consult for questions about sex
- Preferred person/s to consult for questions about sex and reproduction
  - Kinds of information about sex



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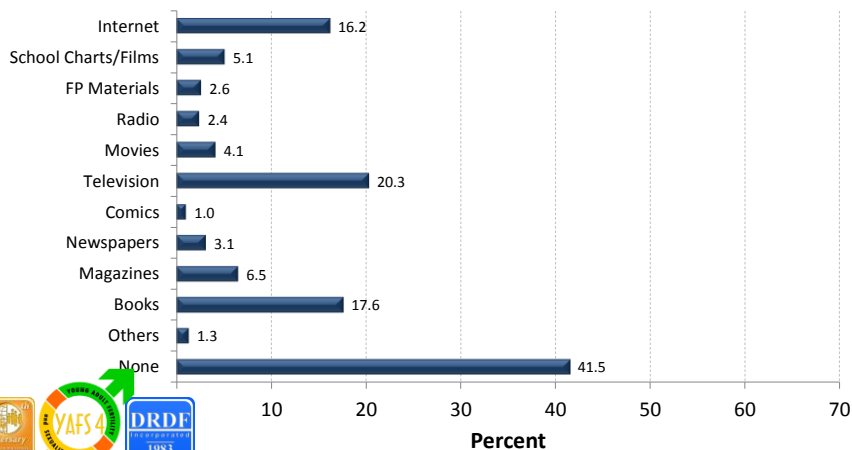


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## SOURCES OF INFORMATION ABOUT SEX

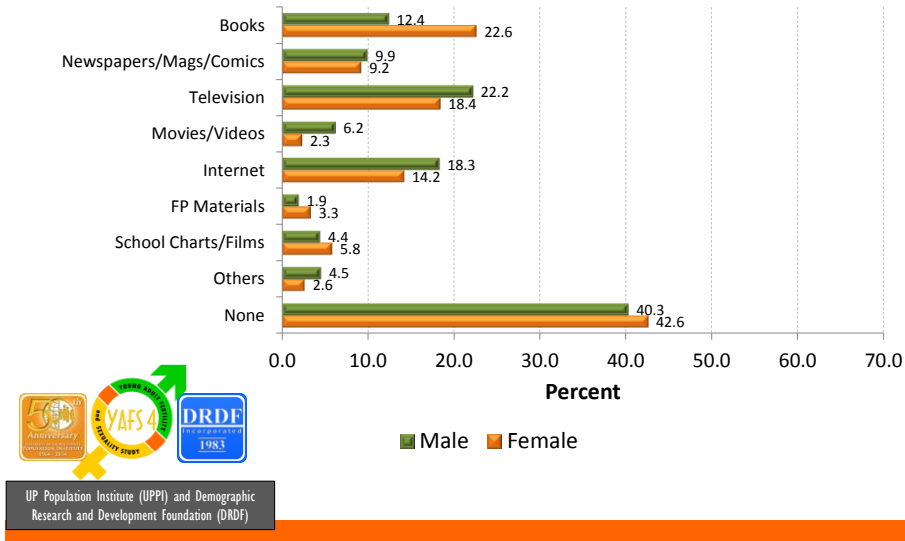
What are your sources of information about sex?

TV, internet and books are the most popular sources of information about sex BUT more than 2 in 5 youth reported as having no source of info

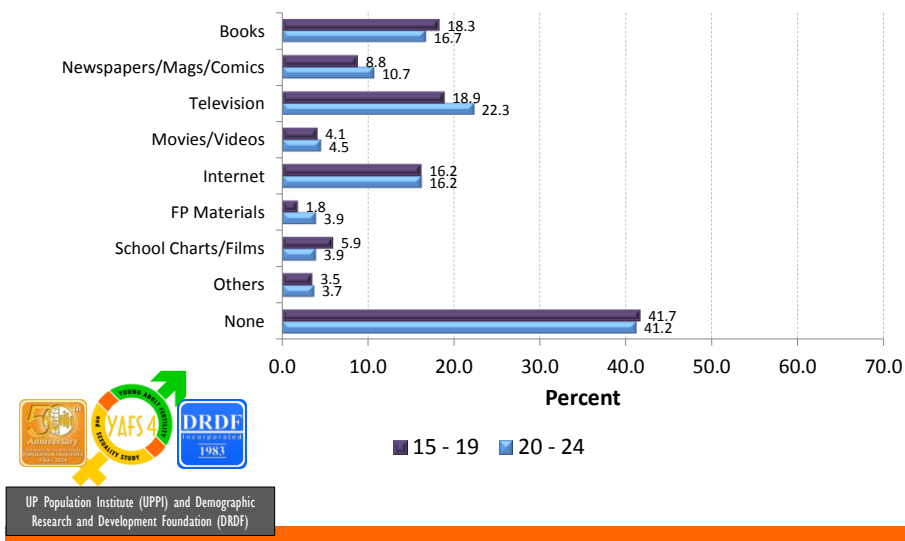


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## Internet, TV & movies/videos are more popular among males while books are more popular among females



## There are no large differences in the sources of information on sex between the younger & older cohorts



## By Region, the youth's sources of information on sex are:

- Internet – CALABARZON, NCR; access issue
- TV – Cagayan Valley, Central Luzon, MIMAROPA, Bicol, Eastern Visayas, Northern Mindanao, Davao, Caraga
- Books – CAR, Ilocos, Western and Central Visayas, Zamboanga, SOCKSARGEN, ARMM
- No source of information about sex – 3 in 4 youth in ARMM



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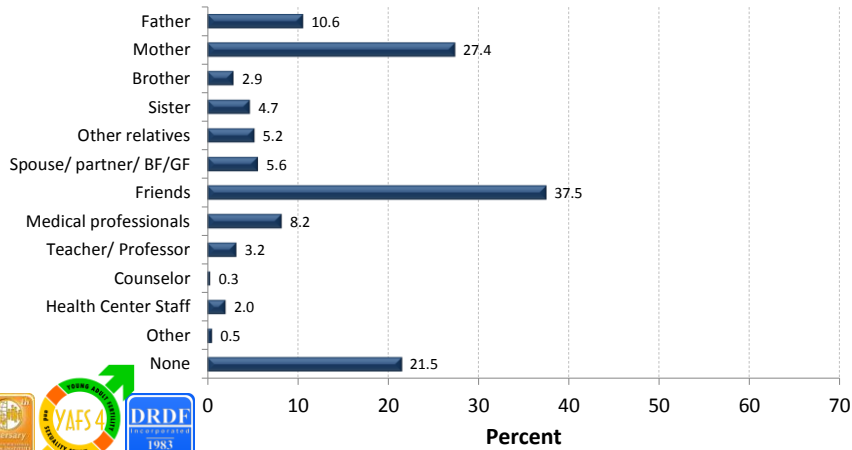


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## WHOM TO CONSULT FOR QUESTIONS ABOUT SEX

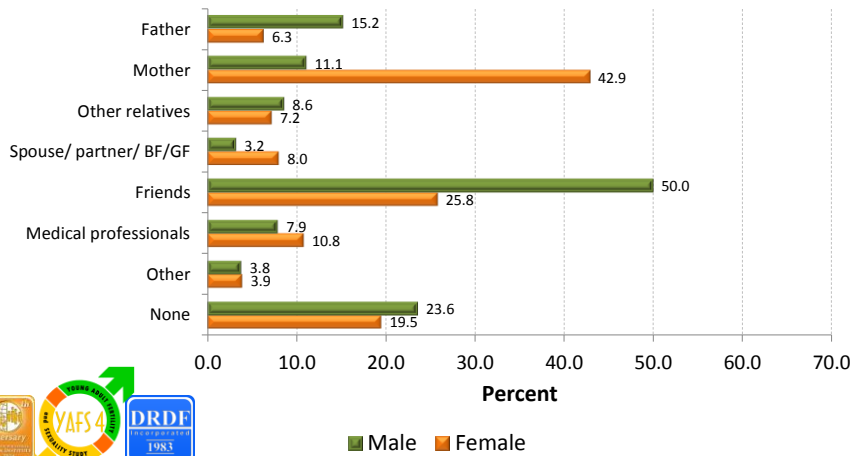
If you have questions about sex, whom will you likely consult?

## Friends or Mothers are the persons the youth will most likely consult for questions about sex; more than 1 in 5 youth will consult No One



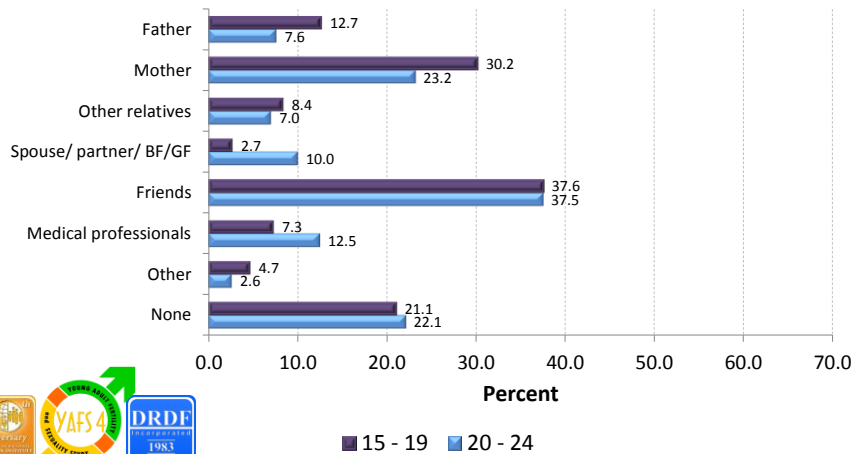
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## Female youth will consult their mothers while Male youth will consult their friends



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## There are no large differences in the persons whom the youth will consult about sex by age



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## By Region, on questions about sex, the youth will most likely consult:

- Mother – Central Luzon and MIMAROPA
- Friends – all other Regions
- Will consult NO ONE – 55 % in ARMM



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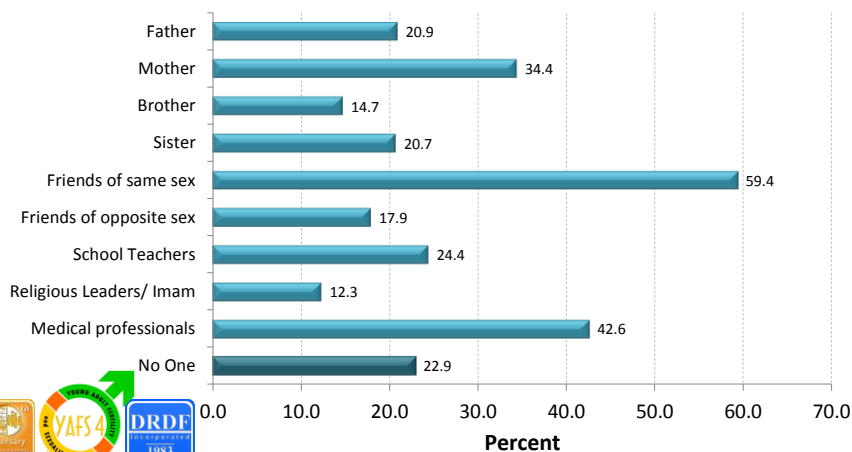


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## PREFERRED PERSON/S TO CONSULT FOR QUESTIONS ABOUT SEX & REPRODUCTION

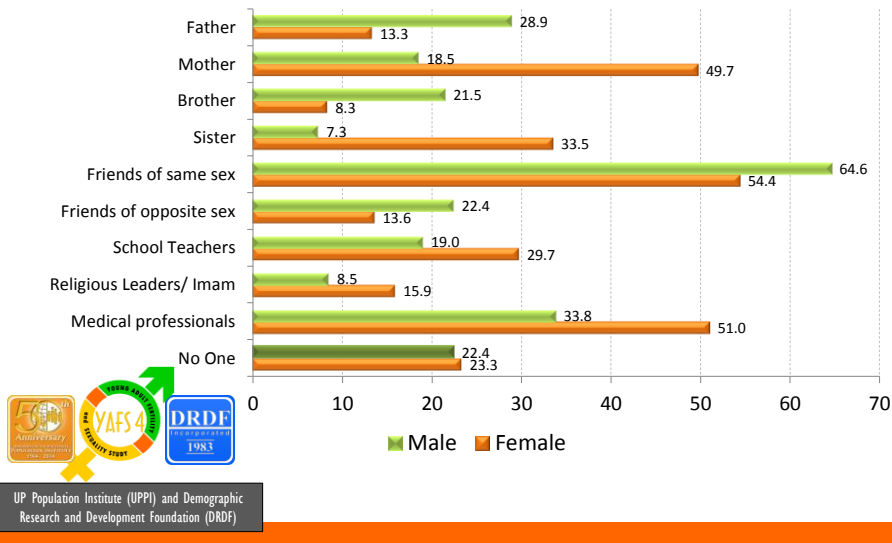
If you had a choice, would you like to learn about sex and reproduction from the following:  
 Father, Mother, Brother, Sister, Friends of the Same Sex, Friends of the Opposite Sex, School Teachers, Religious Leaders, Medical Professionals, Others

### Friend of same sex is top choice for source of information about sex & reproduction

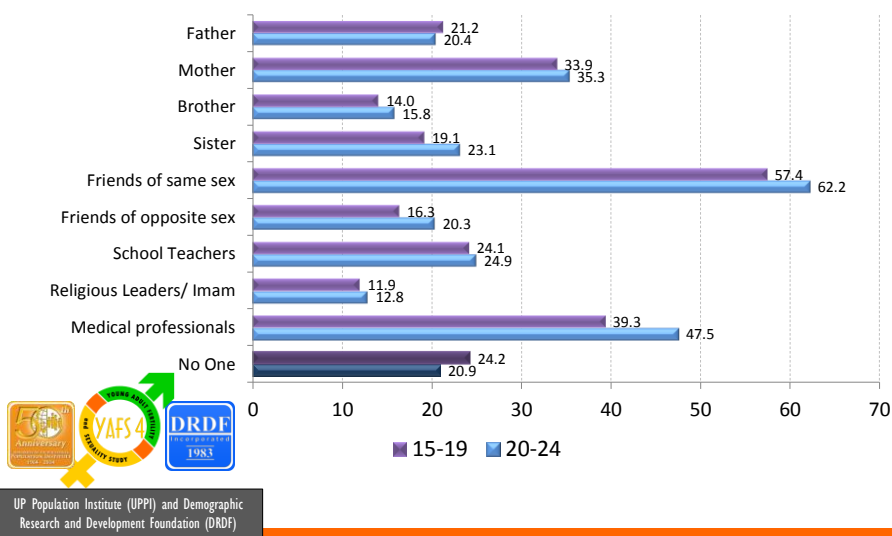


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## The youth prefer to learn from persons of the same sex; more females than males would like to learn from medical professionals



## There are no dramatic differences in preferences between the younger and older cohorts





## By region,

- In all Regions, the youth will choose to consult their friends of the same sex on questions about sex and reproduction
- In ARMM, 43% of youth do not prefer to learn about sex and reproduction from any of their Father, Mother, Brother, Sister, Friends of the Same Sex, Friends of the Opposite Sex, School Teachers, Religious Leaders or even Medical Professionals.



## Summary

- TV, Internet and Books are the most popular sources of information about sex
- Friends and Mothers will most likely be consulted for questions about sex
- Friends of the same sex are the preferred choice to learn from about sex and reproduction
- Notable is the percentage of youth who have no sources of information about sex or will not consult anyone about questions on sex or reproduction; ARMM



An advertisement on tv which is available on the internet --



Source: <http://www.youtube.com/watch?v=1pJoiluVCnY>; downloaded 2 March 2014

An advertisement for '#UsapangSex: Sources of information about sex and reproduction'. The background is dark blue with a yellow and orange diagonal stripe at the top left. The text '#UsapangSex:' is in large yellow font, and 'Sources of information about sex and reproduction' is in yellow font on a green background. At the bottom left are the same three logos as in the first image. Below them is a grey box with the text 'UP Population Institute (UPPI) and Demographic Research and Development Foundation (DRDF)'. The name 'Maria Midea M Kabamalan' is written in white text to the right of the logos.